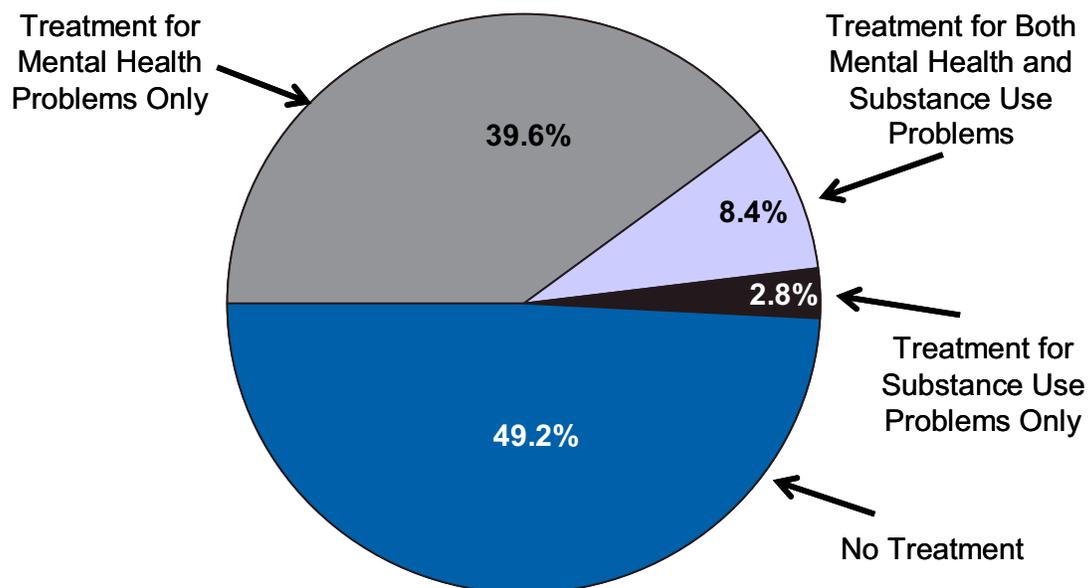


### Treatment among Adults with Co-Occurring Serious Psychological Distress and Substance Use Disorders

- Among the 5.6 million adults aged 18 or older with both SPD and substance dependence or abuse (i.e., a substance use disorder) in 2006, half (50.8 percent) received mental health treatment or substance use treatment at a specialty facility; 8.4 percent received both treatment for mental health problems and specialty substance use treatment, 39.6 percent received only treatment for mental health problems, and 2.8 percent received only specialty substance use treatment (Figure 8.2).

**Figure 8.2 Past Year Treatment among Adults Aged 18 or Older with Both Serious Psychological Distress and a Substance Use Disorder: 2006**



5.6 Million Adults with Co-Occurring SPD and Substance Use Disorder

### Prevalence of Major Depressive Episode

- In 2006, 15.8 million adults (7.2 percent of persons aged 18 or older) had at least one MDE in the past year. After a statistically significant decline in the rate of past year MDE between 2004 and 2005 (8.0 and 7.3 percent, respectively), the rate of past year MDE was stable between 2005 and 2006.