

Orientation to the CA Mental Health Planning Council

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Mental Health Oversight and Accountability Commission
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Overview

- Vision and Mission
- Federal Mandate
- State Mandate
- Accomplishments and Major Projects

Planning Council Vision



- The CMHPC envisions a public mental health system that offers excellent, effective, and affordable consumer and family-driven mental health services that are timely, accessible, and appropriate for all of California's diverse populations

Mission Statement

- The CMHPC, a multicultural consumer, family, provider, and advocate organization:
 - Provides oversight of the Department of Mental Health regarding accessibility, availability, and accountability of the State's mental health system
 - Advocates for accessible, timely, appropriate, and effective services, which are culturally competent, age and gender appropriate, strengths-based, and recovery-oriented
 - Educates the public and the mental health constituency about the current needs for public mental health services and ways to meet those needs

Federal Mandate

SAMHSA Block Grant



- Substance Abuse and Mental Health Services Administration (SAMHSA)
- Every state has a planning council
- \$56 M federal grant received annually by State

Federal Duties

- Review the State mental health plan required by PL 106-310 and submit to the State any recommendations for modification
- Review the annual implementation report on the State mental health plan and submit any comments to the State

Federal Duties

- Advocate for adults and older adults with SMI, children with SED, and other individuals with mental illnesses or emotional problems
- At least once a year, monitor, review, and evaluate the allocation and adequacy of mental health services within the State

Federal Composition Requirements

- 50% persons with lived experience
 - Consumers
 - Family members
- Professionals/ Providers
- State representatives
 - Mental Health
 - Education
 - Vocational Rehabilitation
 - Criminal Justice
 - Housing
 - Social Services
 - Health Services (Medicaid)
- 40 members in total

State Mandate

State Duties

- Advocate for effective, quality mental health programs. Review, assess, and make recommendations regarding all components of California's mental health system
 - DMH
 - state hospitals
 - local mental health programs
 - Mental health board and commissions

State Duties



- Review program performance in delivering mental health services by annually reviewing performance outcome data
- Review and approve performance outcome measures

State Duties

- Advise the Legislature, the State Department of Mental Health, and county boards on mental health issues and the policies and priorities that this state should be pursuing in developing its mental health system
- Conduct public hearings on the SAMHSA Block Grant and other topics, as needed

The image features a teal background with a pattern of thin, dark teal diagonal lines. In the center, there is a dark teal rectangular area with a thin, bright teal border. Inside this rectangle, the text "Accomplishments and Major Projects" is written in a light pink, serif font, centered horizontally and vertically.

Accomplishments and Major Projects

Major Reports

- CA Mental Health Master Plan
- Partnerships for Quality
- Foster Care Study
- Veterans Mental Health Issues
- Use of Seclusion and Restraints



Committee Structure



- Cultural Competence Committee
- Quality Improvement
- Human Resources
- Policy and System Development
- System of Care Committees
 - Children and Youth
 - Transition Age Youth
 - Adult
 - Older Adult

Cultural Competence Committee

- Monitor trends over time in access to and appropriateness of mental health services to racial/ethnic groups
- Monitor implementation of Cultural Competence Plan
- Improve cultural competence of Planning Council

Quality Improvement Committee

- Developing a workbook for mental health boards and commissions (MHB/Cs) to help them interpret local performance indicator data and report to us
 - Focus is disparities in penetration rates and retention rates by gender, age, and race/ethnicity
 - Target Date: Spring 2009
- Training MHB/Cs annually on quality improvement processes and the use of data
 - Target date: Fiscal Year 2009-10

Human Resources Committee

- Mission Statement
 - Increase workforce and expand its diversity in terms of culture, language, gender, age, religion, and consumer and family member employment
- Implements our responsibilities pursuant to the MHSA
 - Advise DMH on education and training policy development and provide oversight
 - Review and approve 5-Year Plan
- Coordinates its activities with MHSOAC's Workforce and Education Committee
- Collaborative Opportunity: developed a curriculum for training staff to provide integrated mental health and substance abuse services

Policy and System Development

- Developing a report on the impact of budget changes on consumers of community mental health services
 - Includes focus on two-tiered mental health system and effect of MHSA funds
 - Collaborative opportunity to work with Mental Health Funding Committee
- Track changes to State's Medi-Cal state plan and proposed federal changes and their affect on county mental health programs
- Ensure that units of supportive housing are built for children, transition age youth, adults, and older adults who are homeless, at risk of homelessness and who have mental illness or serious emotional disturbance

Children & Youth Subcommittee

- Developing report advocating for expansion of juvenile mental health courts
- Expanding access to mental health services for children with serious emotional disturbances and their families
 - EPSDT/TBS
 - Lawsuits: Emily Q; Katie A

Transition Age Youth

- Report on system of care needed to enable transition age youth to become employed or access education
 - Focus is on avoiding life-long dependence on SSI/SSP

Adult Subcommittee

- State Hospital Oversight
 - Effectiveness of state hospital advisory boards
 - Monitoring progress with CRIPA Enhancement Plan implementation
- Developing report on corrections (jails and prisons) and the community mental health interface
 - Focus is on diversion programs and the re-entry experience

Adult Subcommittee

- Response to Acute Inpatient Bed Shortage
 - Develop a position paper advocating for the expansion of crisis residential services
 - Study high utilizers of inpatient services and do case studies with sample counties to identify causes and solutions
 - Advocate for use of a tool for evaluating the appropriate level of care for inpatient services for clients upon admission

Older Adult Subcommittee

- Advocacy for OASOC in every county
- Fragmentation of local older adult services
- Expansion of evidence-based practices for older adults

Opportunities for Collaboration

- OAC Commissioners are *ex officio* members of the Planning Council
 - Attend Planning Council meetings
 - Participate on Planning Council Committees
- Tap expertise of Planning Council staff and Planning Council members for OAC Committees and projects
- Develop joint policy initiatives
- Collaborate on oversight projects

Contact Information

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