



Doubletree Hotel  
2001 Point West Way  
Sacramento, CA 95815  
Phone: 916-929-8855

**July 23, 2008**  
**Client & Family Leadership Committee**  
**Meeting Minutes**

**Commissioner:** Eduardo Vega, Chair,

**Commissioner:** Darlene Prettyman, Co-Chair

**Presentations:** Laurel Mildred, Executive Director, California Network of Mental Health Clients

Adrienne Shilton, Workforce Development Program Director, California Mental Health Director's Association

**Committee Members:** Carmen Diaz,

Jamy Garcia

Khatera Aslami

Cynthia Gill

**OAC Staff:** Sheri Whit, MHSOAC Executive Director

Beverly Whitcomb, Mental health Program Administrator

Ann Collentine, Mental Health Program Supervisor

Jose Oseguera, Mental Health Program Supervisor

Greg Griffin, Staff Mental Health Specialist

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Topic	Discussion	Next Steps	Person(s) Assigned	Timeline
Welcome from Darlene & Eduardo				
Announcements	<p>Eduardo: Committee's name change from Client/Family Technical Resource Group to Client &amp; Family Leadership Committee had been approved by the OAC commissioners at the June meeting</p> <p>Darlene: Requested that travel claim forms be brought to the meetings</p> <p>Eduardo invited all to attend the Employment Summit, September 4 &amp; 5<sup>th</sup>.</p>	<p>Travel claim forms will be available at next meeting</p>	<p>MHSOAC staff</p>	<p>Next meeting</p>
Agenda reviewed	<p>Eduardo reported:</p> <ul style="list-style-type: none"> <li>• There is no guest OAC commissioner available to address this meeting today</li> <li>• Laurel Mildred, Executive Director of the California Network of Mental Health Clients, will be speaking to the committee</li> </ul>	<p>Darlene suggested that the committee send a formal invitation to Commissioner Poat to speak at the next meeting, and then do so for every meeting going down the list of commissioners in the order they have served.</p>	<p>Darlene said that she would write and send the letter of invitation to Commissioner Poat for the next meeting.</p>	<p>Next meeting</p>

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Review and approve meeting minutes from June 25th meeting	<ul style="list-style-type: none"> <li>• Corrections made and will stand as corrected</li> <li>• Request that meeting minutes reflect a more general synopsis of proceedings</li> </ul>	Meeting minutes will be written more in a summarizing form.	MHSOAC staff	All future meetings
Laurel Mildred was introduced to speak, representing the California Network of Mental Health Clients	<p>Laurel thanked the committee's chairpersons for being asked to speak. Described association ('Network') and her thoughts/ experiences:</p> <ul style="list-style-type: none"> <li>• Oldest state-wide client advocacy association in the county</li> <li>• The Network has grown over the past ten years, last conference over 400 people attending</li> <li>• Support:               <ul style="list-style-type: none"> <li>- Proposition 63, (now the MHSA)</li> <li>- Election of OAC Chair, Lynford Gayle</li> <li>- Client-related legislation</li> </ul> </li> <li>• Network is receiving DMH / MHSA grant funding</li> <li>• Collaborative organization efforts for client advocacy, citing the National Alliance on Mental Illness</li> </ul>			

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<p>(continued) Laurel Mildred presentation</p> <p>General discussion among attendees &amp;/ with Laurel</p>	<p>(NAMI)</p> <ul style="list-style-type: none"> <li>• Praised the CFLC for representing clients and families</li> <li>• Testimony before the California Senate on behalf of clients and the Network</li> <li>• Network has moved to office across the street from CiMH / CMHDA</li> <li>• Contributing to cultural competency conference</li> <li>• Suggestion made that the 'Network' encourage board membership with NAMI members</li> <li>• Glad to see advocate groups involved with those clients in jail</li> <li>• Alameda County benefited from the experiences of the attendees at Advocacy Conference</li> </ul>			
<p>Sheri Whit, E.D., MHSOAC, requested to dialogue</p>	<p>Sheri shared in a discussion:</p> <ul style="list-style-type: none"> <li>• The OAC committees are an integral part of its' mission to always consider clients and families in all decisions</li> </ul>			

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<p>regarding the status of the OAC</p>	<ul style="list-style-type: none"> <li>• The ‘oversight and accountability’ role of the OAC is being further defined and relied upon</li> <li>• Appreciation for the ‘Leadership’ part of the committee’s new name because the commission members need them to lead in matters of:               <ul style="list-style-type: none"> <li>- client and family representation</li> <li>- reviews and recommendations from the prospective of clients and families</li> <li>- a strategic part of the commission’s process</li> <li>- “big picture” issues</li> <li>- assuring that the counties are accountable for the implementation of MHSA</li> </ul> </li> <li>• DMH is concentrating more on program ‘outcomes’ than the development of guidelines</li> <li>• The scope of considerations in MHSA implementation to be included such as:               <ul style="list-style-type: none"> <li>- political interests</li> </ul> </li> </ul>			

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<p>General discussion among attendees &amp; with Sheri</p>	<ul style="list-style-type: none"> <li>- Governor's office</li> <li>- other elected representatives</li> <li>- mental health service providers</li> <li>- public awareness to mental health related issues</li> <li>- law enforcement</li> </ul> <ul style="list-style-type: none"> <li>• CFLC responsibilities to assure relevant transformative changes</li> <li>• Need to hold counties accountable for stakeholder input</li> <li>• Suggestion: When counties hold stakeholder meetings to discuss &amp; determine needs/plans, that a list of attendees, (with the option to identify their affiliation/representation), accompanies documentation of input and responses that track mutually concluded decisions</li> </ul> <p>Plans should reflect consumer needs, as opposed to choices offered among options</p>			

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<p>Adrienne Shilton, Workforce Development Program Director, California Mental Health Director's Association (CMHDA), was introduced to speak regarding the work of her Association</p> <p>General discussion among attendees &amp; with Adrienne</p>	<p>Prior to her introduction Adrienne had joined in the discussion with Sheri's OAC update. She presented CMHDA's efforts to interact with stakeholders and acknowledge needs; qualifying that the two previous presentations discussions are also concerns of the CMHDA; particularly:</p> <ul style="list-style-type: none"> <li>• Leadership &amp; development</li> <li>• Strategies for success</li> <li>• Vision grounded in transformational change</li> <li>• Consumer run programs</li> </ul> <ul style="list-style-type: none"> <li>• Mentors are important where &amp; when clients are employed</li> <li>• Clients need clear (employment expectations) so they can succeed, verses, lowering expectations</li> <li>• Clients sometimes are fearful of losing benefits when considering employment</li> </ul>			

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<p>New members:            general discussion /            summarizations</p>	<ul style="list-style-type: none"> <li>• CFLC needs a ‘Work Plan’</li> <li>• Priority presently is expanding membership, especially considering various regions of the state</li> <li>• Important to have members that are comfortable sharing differing points of view in an informed yet collegial way</li> <li>• Which is more important regions or who the individuals are?</li> <li>• Need people who want to move forward</li> <li>• Need people with various prospective &amp; from different regions</li> <li>• Consider having present members &amp; Chairs involved in reviewing applications / conducting interviews</li> <li>• Need to have letter inviting applicants to accompany application posted to MHSOAC Committee web page</li> </ul>	<p><b>Parking Lot</b>            Work plan has been on previous agendas</p> <p>CFLC Chairs to discuss / decide interview process            Post letter of invitation to apply to MHSOAC CFCL web site</p> <p>Chairs will review applications as they received</p>	<p>CFCL Chairs to decide when ‘Work Plan’ is on agenda</p> <p>CFLC Chairs</p> <p>Greg to receive letter for web posting, and forward applications</p>	<p>CFLC Chairs determine</p> <p>CFLC Chairs determine</p> <p>Before next meeting            As applications</p>

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	<ul style="list-style-type: none"> <li>• Need to set goal of considering four new members by next meeting</li> <li>• Mentor concept regarding client employment:               <ul style="list-style-type: none"> <li>- could be provided in a packet of information to these new employees</li> <li>- a paper could be written on the idea</li> <li>- paper could be written by this committee</li> </ul> </li> </ul>	<p><b>Parking Lot</b>            Discuss mentors for client-employees new to work environment</p>	<p>received to Chairs</p> <p>As Chairs decide meeting agendas</p>	<p>are received at MHSOAC</p> <p>As determined by Chairs</p>
Meeting Adjourned		Next meeting schedule for August 2008, in Monterey		

**Parking Lot:** (List of projects/tasks to be noted as ‘Added’ &/or ‘Completed’ with dates)

- ✓ Commissioners Prettyman &/or Vega to create matrix for analysis of regional/representational membership: Added May 28, 2008 & Completed June, 2008
- ✓ Issue of identifying ‘Inappropriately Served’ was decided to be included for future group discussion/work: Added June 25, 2008 meeting
- ✓ Define: Consumer and family prospective ‘lived experience’: Added June 25, 2008 meeting

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| <ul style="list-style-type: none"><li>✓ Committee needs to establish a 'Work Plan'. <u>Added</u> July 23, 2008</li><li>✓ Discuss concept of mentors for client-employees new to work environment. <u>Added</u> June 25, 2008</li></ul> |
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DRAFT

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