

UC DAVIS
HEALTH SYSTEM

Mapping Progress in Mental Health Disparities in a Transformed California Mental Health System

Thursday-Friday
MAY 21 – 22, 2009

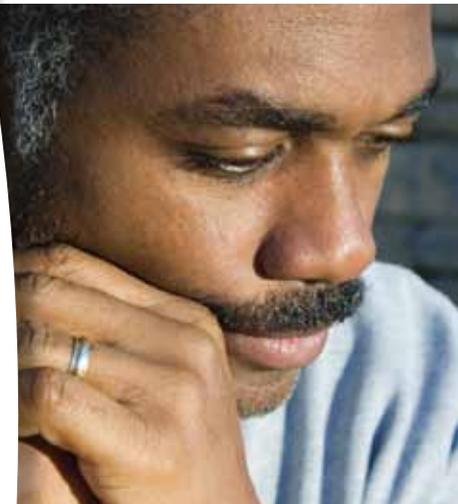
SACRAMENTO CONVENTION CENTER
Sacramento, California

Sponsored by:

UC DAVIS
HEALTH SYSTEM

Office of Continuing Medical Education
Center for Reducing Health Disparities
Center for Healthcare Policy and Research
Department of Psychiatry & Behavioral Sciences

And In Collaboration With
California Department of Mental Health
Office of Multicultural Services
Mental Health Services Act



ACKNOWLEDGMENT: *The Mapping Progress in Mental Health Disparities in a Transformed California Mental Health System conference is supported in part by a grant from the California Department of Mental Health, Office of Multicultural Services.*

Thursday, May 21, 2009

- 7:30 am** Registration, Continental Breakfast, Visit Exhibits
- 8:30** **Welcome and Introductions**
Claire Pomeroy, MD, MBA
Stephen W. Mayberg, PhD
- 8:45** **Introduction to the Sessions**
Sergio Aguilar-Gaxiola, MD, PhD
- 9:00** **Plenary I: Stigma and Social Exclusion**
Norman Sartorius, MD, PhD
- 10:00** Refreshment Break, Visit Exhibits
- 10:15** **Panel I: Measuring and Tracking Mental Health Disparities**
Moderator: *Sergio Aguilar-Gaxiola, MD, PhD*
Panelists: *Jan Beals, PhD; William Vega, PhD; Joel Braslow, MD, PhD and John Brekke, PhD*
- 12:00 pm** **Lunch and Keynote Address**
Institute of Medicine (IOM) Unequal Treatment Report: 10 Years Later
Joseph L. Betancourt, MD, PhD
- 1:00** **Breakout Introductions and Information**
Sergio Aguilar-Gaxiola, MD, PhD
- 1:30** **Afternoon Breakout Sessions**
- 1. Solutions for Stigma and Discrimination Reduction: Identifying Strategies That Work**
Facilitator: *Norman Sartorius, MD, PhD*
 - 2. Immigrant and non-English Speaking Populations: Latinos, Asians, Pacific Islanders, etc.**
Facilitators: *Ricardo F. Muñoz, PhD; Nolan Zane, PhD (invited)*
 - 3. Established Populations: African Americans and Native Americans**
Facilitators: *Darrell Roberts; Ethan Nebelkoph*
 - 4. Hard-to-Measure Populations: LGBTQ, Homeless, Geographically Isolated, and Proportionally Small Populations**
Facilitator: *David Grant, PhD*
 - 5. Quality of Care: What to Measure and How**
Facilitator: *Francis G. Lu, MD*
- 3:45** **Panel II: A Transformed California Mental Health System**
How can California be more inclusive and responsive to the population's mental health needs and how will we recognize consumer and family, policy, ethnic, and advocate perspectives?
Moderator: *Richard Van Horn*
Panelists: *Stephen W. Mayberg, PhD; Rusty Selix; Nancy Peña, PhD (invited); Linford Gayle (invited)*
- 4:45** **A Vision for California's Mental Health System**
Senator Darrell Steinberg
- 5:00** Adjourn

Friday, May 22, 2009

- 7:30 am** Continental Breakfast, Visit Exhibits
- 8:30** **Plenary II: IOM Prevention Report Summary and Discussion of Recommended Prevention and Early Intervention Measures**
Ricardo F. Muñoz, PhD
- 9:30** **Brief Summary of Recommendations from Breakout Sessions**
Moderator: *Rachel Guerrero, LCSW*
- 10:30** Refreshment Break, Visit Exhibits
- 11:00** **Panel III: Integrating Breakout Session Summaries with Recommended Measurement Methodologies for Diverse Populations**
Moderator: *David M. Carlisle, MD, PhD*
Panelists: *William Sribney, MS; David Grant, PhD; Louise Rogers*
- 12:00 pm** **Plenary Session General Discussion, Summary Recommendations, Next Steps**
Moderator: *Annelle B. Primm, MD, MPH (invited)*
- 12:50** **Concluding Remarks**
Sergio Aguilar-Gaxiola, MD, PhD
- 1:00** Adjourn
Turn in Evaluation and Pick up Certificate of Attendance
- Have a safe journey home!**



CONFERENCE FACULTY

CONFERENCE CO-CHAIRS

Sergio Aguilar-Gaxiola, MD, PhD

Professor of Internal Medicine
Director, Center for Reducing Health Disparities
University of California, Davis Health System
Sacramento, California

Stephen W. Mayberg, PhD

Director
California Department of Mental Health
Sacramento, California

KEYNOTE SPEAKERS

Norman Sartorius, MD, PhD

Past Director
Division of Mental Health, World Health Organization

Joseph L. Betancourt, MD, MPH

Director, The Disparities Solutions Center
Assistant Professor of Medicine, Harvard Medical School
Boston, Massachusetts

Senator Darrell Steinberg

President Pro Tempore of the California State Senate

GUEST FACULTY

Jan Beals, PhD

Co-Director
Division of American Indian and Native Programs
Department of Psychiatry, School of Medicine
University of Colorado, Denver, Colorado

Joel Braslow, MD, PhD

Frances M. O'Malley Chair in Neuroscience History
Associate Professor
Departments of Psychiatry and
Biobehavioral Sciences and History
University of California, Los Angeles

John Brekke, PhD

Dean of Research
School of Social Work
University of Southern California
Los Angeles, California

David M. Carlisle, MD, PhD

Director
Office of Statewide Health Planning and Development
Sacramento, California

Linford Gayle

Commissioner
Mental Health Services Oversight and Accountability Commission
Sacramento, California

David Grant, PhD

Deputy Director, California Health Interview Survey
University of California, Los Angeles Center for Health Policy Research
Los Angeles, California

Rachel Guerrero, LCSW

Chief, Office of Multicultural Services
California Department of Mental Health
Sacramento, California

Francis G. Lu, MD

Professor of Clinical Psychiatry
University of California, San Francisco, California

Ricardo F. Muñoz, PhD

Chief Psychologist, San Francisco General Hospital
Professor of Psychology
Director, Latino Mental Health Research Program
Director, Clinical Psychology Training Program
University of California, San Francisco

Ethan Nebelkoph

Deputy Director Behavioral Health
Native American Health Center
Oakland, California

Nancy Peña, PhD

Mental Health Director, Santa Clara County
Santa Clara, California

Annelle B. Primm, MD, MPH

Director, Minority and National Affairs
American Psychiatric Association
Arlington, Virginia

Darrell Roberts

Co-Founder/ CEO
Roberts Family Development Center
Sacramento, California

Louise Rogers

Director, Behavioral Health and Recovery Services
San Mateo County
San Mateo, California

Rusty Selix

Executive Director
California Council for Community Health Agencies
Executive Director, Mental Health Association in California
Sacramento, California

Richard Van Horn

President & CEO
Mental Health America of Los Angeles
Los Angeles, California

William Vega, PhD

Associate Vice Provost
University of California, Los Angeles Luskin Center for Innovation
Professor
University of California, Los Angeles Family Medicine Department
Los Angeles, California

UC DAVIS FACULTY

Claire Pomeroy, MD, MBA

Vice Chancellor for Human Health Sciences
Dean of School of Medicine
University of California, Davis Health System
Sacramento, California

William Sribney, MS

Consultant
Center for Reducing Health Disparities
University of California, Davis Health System
Sacramento, California

Nolan Zane, PhD

Professor of Psychology and Asian American Studies
Chair, Asian American Studies Program
Director, Asian American Center on Disparities Research
University of California, Davis, California

CONFERENCE COORDINATOR

Kimber Chavez, CMP

CME Specialist
Office of Continuing Medical Education
UC Davis Health System

NEEDS ASSESSMENT

Understanding how well the California mental health system is serving different populations is essential for improving mental health care, and reducing disparities among underserved populations, including racial/ethnic minorities, LGBTQ, the poor, the homeless, and those who are geographically isolated. For many special populations, knowledge of the extent of need and the numbers of those in need is limited. Statistically sound and cost-effective methodologies for measuring need, treatment seeking, and service-use experiences among special populations are needed to assess the success of prevention and treatment programs and to assess disparities and their change over time. Different populations may require different methodologies for measurement and assessment. Optimal strategies for reducing barriers to treatment seeking and access, such as stigma and social exclusion, may also be different for different populations. Measuring the effectiveness of existing and new mental health treatment programs is important for program assessment and for tracking improvements in retention and quality of care over time.

This statewide conference will provide important information on identifying, measuring and tracking mental health disparities as part of the debate and discussions on the transformation of the California mental health care system. Topics include:

- Should the focus be on mental health status (prevalence rates), service use (patterns of service utilization), or quality of care (outcomes)?
- What mental health indicators should be measured and how are they best measured?
- What outcome measures should be the focus for mental health disparities data collection and analysis?
- How do issues of data quality affect the choice of measures?
- Whether comprehensive, population-based needs assessments should be conducted.
- How are populations being measured? Are there issues of undercounting of some populations?
- Challenges of assessing special populations such as Native Americans, LGBTQ, and the homeless.
- Whether available healthcare data systems (e.g., CSI and Medi-Cal) should be analyzed to assess disparities in a complex manner (e.g., using complex statistical models at the census tract level).
- Whether data collection protocols and the reporting of measures should be standardized across counties.

EDUCATIONAL OBJECTIVES

At the end of the program, the participants should be able to:

- Describe how disparities exist at different aspects/levels-of-care (e.g., access, retention, quality) and why strategies for reducing disparities depend both on the level of care and the special needs and different characteristics of different populations.
- Identify strategies for reducing stigma and social exclusion in different populations and explain how this can reduce disparities in mental health care.
- Explain why different populations require different methodologies for assessing need, access, and service delivery.
- Describe how different populations present challenges for statistically sound and cost-effective measurement.
- Identify potential methodologies for assessing different populations.

ENROLLMENT

Please register early – space is limited.

Tuition is \$130. Students/residents receive a discounted rate of \$80. **Confirmation of registration will be sent within two weeks after receipt of enrollment form.**

Tuition includes continental breakfasts, refreshment breaks, Thursday lunch, syllabus, and a certificate of attendance. Tuition may be paid by check, American Express, Discover, MasterCard or VISA. Cash is not accepted. UC Davis Health System and UC Davis School of Medicine volunteer faculty, alumni, faculty, and staff are eligible for tuition discounts. See enrollment form for details. Refunds must be requested by May 15 and will be subject to a \$50 service charge. Program materials cannot be guaranteed unless enrollment is received by May 15. The Office of Continuing Medical Education reserves the right to cancel this program. In such a case, a full refund will be given.

Registration forms received without payments will not be processed until payment is received, and payment must follow within 10 days. Early discount rates are honored if payment is received by the date noted on the enrollment form. After that date, the late fee is applied.

On-site Fees: At door registrations will be charged at a higher rate. Please see enrollment form for details.



ACCREDITATION:



The University of California, Davis, Health System is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Physician Credit: The University of California, Davis, Health System designates this educational activity for a **maximum of 11.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ acceptable for multi-disciplinary team members.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of **11.25 hours** of credit and fill in "CME Category 1" for the provider number).

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologist: This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologists (self reporting required).

ADDITIONAL CREDIT DESIGNATION

MFT and LCSW: UC Davis Health System Office of Continuing Medical Education, Provider No. PCE 2354. This course meets the qualifications for a maximum of **11.25 hours** of continuing education credit for marriage and family therapists and/or licensed clinical social workers as required by the California Board of Behavioral Sciences. Participants must attend the entire course, write license number on the roster, and complete the course evaluation to earn credit.

CALIFORNIA AB 1195

With the passage of California Assembly Bill 1195, signed November 2005, continuing medical education courses with patient care components are required to include curricula in the subject of cultural and linguistic competency. It is the intent of the bill, which went into effect on July 1, 2006, to encourage physicians and surgeons, CME providers in the state of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population through appropriate professional development. The planners, speakers, and authors of this CME activity have been encouraged to address issues relevant in their topic area. In addition, a variety of resources are available to address cultural and linguistic competency, some of which will be included in the syllabus or handout materials. Additional resources and information about CA AB 1195 can be found on our website at <http://cme.ucdavis.edu>.



FOR FURTHER INFORMATION

UC Davis Health System
Office of Continuing Medical Education
3560 Business Drive, Suite 130
Sacramento, CA 95820-2161
1 (866) CME4EDU (263-4338)
(916) 734-5390 • (916) 734-0742 Fax
<http://cme.ucdavis.edu>



BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs and iStockphoto.com.

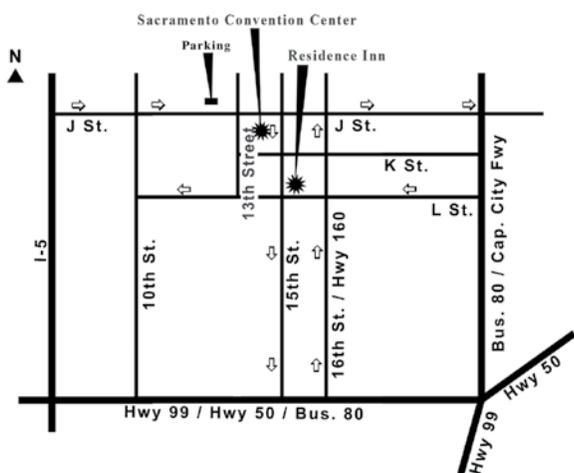
In accordance with applicable State and Federal laws and University policy, the University of California does not discriminate in any of its policies, procedures, or practices on the basis of race, color, national origin, religion, sex, sexual orientation, handicap, age, veterans status, medical condition (cancer-related), ancestry, or marital status as defined in Section 12926 of the California Government Code; nor does the University discriminate on the basis of citizenship, within the limits imposed by law or University policy. In conformance with the applicable law and University policy, the University of California is an affirmative action/equal opportunity employer. Inquiries regarding the University's equal opportunity policies may be directed to the Vice Chancellor of Academic Affairs-Affirmative Action Officer and Title IX Coordinator at University of California, Davis, 525 Mrak Hall, Davis, CA 95616.

LOCATION

Sacramento Convention Center
1301 L Street (13th and J Street)
Sacramento, CA 95814
(916) 808-5291

HOTEL ACCOMMODATIONS

Residence Inn at Capitol Park
1501 L Street
Sacramento, California 95814
Phone: (916) 443-0500
Reservations: (800) 331-3131



For room reservations, contact the Residence Inn at Capitol Park directly. A discounted rate of **\$169 for the nights of Wednesday, May 20, and Thursday, May 21 will be available for a limited time only.** Please make your reservations as soon as possible to guarantee your rate.

Experience Sacramento's newest and largest 100% smoke free Residence Inn at Capitol Park. Conveniently located one block from the State Capitol and the Convention Center, the downtown location offers world class restaurants, theaters, museums, and city wide events all within walking distance.

Please consider layered clothing as temperature conditions may vary in the meeting room. If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please call the Office of Continuing Medical Education at (916) 734-5390 so we may make the necessary accommodations for you.

AIR TRAVEL to Sacramento Airport (SMF)

The Office of Continuing Medical Education has arranged group rates with the airlines listed below. Please read and follow the directions carefully to obtain these special rates for your travels to our conferences.

United Airlines: Please call United Airlines at (800) 521-4041 between 7:00 am & 12:00 am ET, to take advantage of this conference's discounts by mentioning account **code #552QB.** Discounts include 5% off the lowest, unrestricted coach fare (some restrictions apply) when you travel to the meeting site (mileage plus applies). United specialists will explain any restrictions and make reservations for you. If you purchase from a local agent, be sure the agent calls the 800 number and uses the account code. Fares are guaranteed at the time of ticket purchase.

TRANSPORTATION

SuperShuttle Sacramento
<http://www.supershuttle.com>
Reservations: (800) BLUE-VAN
Door-to-door airport transportation from home, office, hotel or airports.

Sacramento Independent Taxi (916) 457-4862

PARKING

Self parking is approximately \$15 per day at the AMPCO lot on 13th Street, between I and J Streets. Parking information and a map will be provided with your registration acknowledgement.

UC DAVIS HEALTH SYSTEM CME MISSION

In concert with the University of California, Davis Health System mission of discovering and sharing knowledge to advance health, the continuing medical education mission focuses on the lifelong learning commitments of physicians who practice in the health system and in the greater Northern California region. UC Davis CME is at the nexus between scientific discovery and its translation to practice with a commitment to provide a variety of educational formats for evidence-based education that fulfills identified needs and produces changes in physician practice resulting in improved competence, performance and/or patient care. With an emphasis on multidisciplinary programs, content is based on competencies and bona fide needs assessments as well as clinical requirements. The CME Advisory Committee reviews the content and quality of CME offerings in accordance with the Accreditation Council for Continuing Medical Education's Essential Areas and Their Elements and the American Medical Association's Physician Recognition Award accredited provider information.

DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

As a provider accredited by the Accreditation Council for Continuing Medical Education, the University of California, Davis Health System Office of Continuing Medical Education must ensure balance, independence, and objectivity in all CME activities to promote improvements in health care and not proprietary interests of a commercial interest. The provider controls all decisions related to identification of CME needs, determination of educational objectives, selection and presentation of content, selection of all persons and organizations that will be in a position to control the content, selection of educational methods, and evaluation of the activity. Course directors, planning committee members, presenters, authors, moderators, panel members, and others in a position to control the content of this activity are required to disclose relevant financial relationships with commercial interests related to the subject matter of this educational activity. Learners are able to assess the potential for commercial bias in information when complete disclosure, resolution of conflicts of interest, and acknowledgment of commercial support are provided prior to the activity. Informed learners are the final safeguards in assuring that a CME activity is independent from commercial support. We believe this mechanism contributes to the transparency and accountability of CME.

ENROLLMENT APPLICATION

Mapping Progress in Mental Health Disparities

May 21- 22, 2009

(Please Print)

First Name _____ MI _____ Last Name _____
 MD DO PhD PA NP RN LCSW MFT Other _____

Institution/Employer (as you would like it to appear on your badge) _____ Profession / Occupation _____

Address (where you would like your receipt mailed) _____

City _____ State _____ Zip Code _____

() _____ () _____

Day Phone _____ Fax Number _____

E-mail _____

Physician information required for CME credit and name badge. Please indicate primary medical specialty:

PSY FP GP IM Other (specify) _____

Social Security Number (last 4 digits required for transcript purposes)

X **X** **X** - **X** **X** -

Please copy the mail code from the address side of the brochure (above your name, e.g. PPPOL, MMSPOL, CRDPOL) _____

If you **did not receive a brochure** in the mail, how did you hear about this conference? (Example: PT&MG, UCD website, web search, magazine, friend)? _____

Have you attended this conference in the past? Yes No

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

| | Early Discount | On Site |
|-------------------------------|--------------------------------|--------------------------------|
| Physician/ Other Professional | <input type="checkbox"/> \$130 | <input type="checkbox"/> \$190 |
| Students/Residents | <input type="checkbox"/> \$80 | <input type="checkbox"/> \$125 |

Thursday Breakout Sessions 1:30 – 3:45pm (please choose ONE workshop)

- 1. Solutions for Stigma and Reduction: Identifying Strategies that Work
- 2. Immigrant and non-English Speaking Populations: Latinos, Asians, Pacific Islanders, etc.
- 3. Established Populations: African Americans and Native Americans
- 4. Hard-to-Measure Populations: LGBTQ, Homeless, Geographically Isolated, and Proportionally Small Populations
- 5. Quality of Care: What to Measure and How

LUNCH RESERVATION (included in tuition, pre-registration required)

I will attend the lunch on Thursday I will not attend the lunch on Thursday

Please note special dietary/ food allergy requirements _____

If you need disability accommodations at the meeting, please let us know by **May 15, 2009** and our representative will contact you.

For office use only

POLICY9

Please check your payment method.

Registration forms received without check, credit card number or purchase order number will not be processed until payment is received.

Cashier Code

6214

Check enclosed payable to: **UC Regents**

AMEX Discover MasterCard VISA

Account Number _____ Expiration Date _____

Authorized Signature (name on card) _____ Security Code _____

Please use ONE of these methods to register: (DO NOT mail if previously faxed or telephoned)

 Mail enrollment application and payment to **UC Davis Health System, c/o UC Davis Cashier's Office**
PO Box 989062, West Sacramento, CA 95798-9062

 Telephone: (916) 734-5390

 Fax application (916) 734-0742

REGISTER ONLINE AT: <http://cme.ucdavis.edu/conferences>



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Office of Continuing Medical Education
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Sacramento, California

**If you cannot attend...
please give brochure
to a colleague!**

DATED MATERIAL

*This program is supported in-part by a grant from the
Department of Mental Health, Office of Multicultural Services.*

KEY NOTE SPEAKER

Norman Sartorius, MD, PhD, past Director of the Division of Mental Health of the World Health Organization and past President of the World Psychiatric Association. A world renowned expert on issues related to mental disorders in developing countries and a leader in the field of combatting stigma of mental illness and its consequences.

