

# CALIFORNIA MENTAL HEALTH STIGMA & DISCRIMINATION REDUCTION ADVISORY COMMITTEE

## Contexts and Partners in Addressing Stigma and Discrimination toward Mental Illness

The following two figures describe the contexts in which stigma and discrimination toward mental illness occurs. A review of these contexts suggests some of the potential partners who could participate in addressing stigma and discrimination. Below are two figures that describe these contexts and partners.<sup>1</sup>

### **Figure 1.**

#### **I. Individual**

#### **II. Family**

*Examples:*

- Parents
- Siblings
- Significant other
- Extended family

#### **III. Personal Social Network**

*Examples:*

- Friends
- Peers
- Co-workers
- Neighbors

#### **IV. Cultural Group**

*Examples:*

- Racial or ethnic group
- Sexual orientation
- Community leaders
- Tribe
- Military organization

#### **V. Community**

*Examples:*

- Clergy
- Faith-based organizations
- Community-based organizations
- Educators, schools
- Community leaders
- Business owners
- Landlords
- News media
- Entertainment media
- Policy makers
- Social service providers
- Primary care providers
- Law enforcement
- Juvenile justice
- Prisons and jails
- Courts
- Hospitals
- Rural vs. urban
- Mental health providers

#### **VI. Society at-large**

*Examples:*

- Policy makers
- News media
- Entertainment media

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<sup>1</sup> This information was developed by Kirsten Deichert, California Department of Mental Health, based upon a review of existing literature on stigma, discrimination, and mental illness.

**Figure 2.**

