

**CALIFORNIA MENTAL HEALTH  
STIGMA & DISCRIMINATION REDUCTION ADVISORY COMMITTEE**

**Agenda**

**Wednesday, January 14, 2009 10:00 AM to 4:00 PM**

Alumni Center, South State University Drive, California State University at Sacramento

**COMMITTEE GOAL:** To advise the California Department of Mental Health (DMH) and the Mental Health Services Oversight & Accountability Commission (MHSOAC) in the development of the statewide *California Strategic Plan on Reducing Mental Health Stigma and Discrimination*.

#	TIME	ITEM	PRESENTER
	9:30	<b>Registration *** Place Parking Permit in Car Window *** Lunch payment *** Preference Survey</b>	
1.	10:00	<b>Welcome and Introduction of New Participants</b> <ul style="list-style-type: none"> <li>• Meeting Purpose; Agenda &amp; Packet Review</li> <li>• Initial Draft Core Principles &amp; Strategic Directions</li> <li>• March 25 Meeting Confirmation/March Workshops</li> <li>• Preference Survey for Break-out Sessions</li> </ul>	<b>Julia Lee</b> , Facilitator Center for Collaborative Policy California State University, Sacramento
2.	10:20	<b>Preliminary Findings on Strategies from Literature</b>	<b>Kirsten Deichert</b> , Information Officer, Communications & External Affairs, DMH
3.	11:00	<b>Directions for Break-out Groups: Developing Actions for Target Populations</b>	<b>Facilitator</b>
4.	11:15	<b>Round 1: Development of Actions for Target Populations</b>	<b>Break-out Groups</b>
	12:15	<b>Lunch</b>	<b>All</b>
5.	1:00	<b>Round 1: Development of Actions for Target Populations, Continued</b>	<b>Break-out Groups</b>
6.	1:30	<b>Round 2: Development of Actions for Target Populations</b> <ul style="list-style-type: none"> <li>• Recap Previous Session</li> <li>• Continue to Develop and Refine Actions</li> </ul>	<b>Break-out Groups</b>
	2:45	<b>Break</b> <i>You may wish to start the Gallery Walk During the break.</i>	<b>All</b>
7.	3:00	<b>Gallery Walk</b> <ul style="list-style-type: none"> <li>• Carefully Study the Actions Developed by the Break-out Sessions</li> <li>• Add to Actions with Post-it Notes. One Idea per Post-it Note.</li> </ul>	<b>All</b>
8.	3:20	<b>Report Out</b> <ul style="list-style-type: none"> <li>• 3 minute time limit per Group Report Out</li> </ul>	<b>All</b>
9.	3:45	<b>Wrap Up, Homework, Meeting Evaluation</b>	
10.	4:00	<b>Adjourn</b>	

**MEETING PURPOSE:** To identify actions for stigma and discrimination reduction by key target populations.

Pursuant to the Americans with Disabilities Act, individuals who need special assistance to attend or participate may request assistance by calling the DMH Communications and External Affairs Team at (916) 654-2309. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to the meetings. In addition, if you require interpreting or translating services, please contact us two weeks in advance.