

The California Mental Health Care Management Program (CaMEND) was established in 2005 as a quality improvement project to promote wellness and recovery for individuals with mental illness. CaMEND operates under the sponsorship of the California Department of Health Care Services (DHCS) in collaboration with the Department of Mental Health (DMH), and is supported in part by funds from the Mental Health Services Act (MHSA). The CaMEND program emphasizes achievement and maintenance of recovery and wellness and the integration of mental and medical care services at the primary care clinical level. Professional expertise in areas of psychiatry, health informatics, recovery and support systems, finance, and project management are provided by the California Institute for Mental Health (CiMH).

DHCS activities reported to DMH for the period 1/1/09 – 6/30/09 are as follows:

- a. Brief summary of the major activities performed during FY 08/09
 - Following an RFP process, DHCS contracted with the California Institute for Mental Health (CiMH) to provide specialty mental health consultation to the CaMEND Program, beginning September 1, 2008 through August 31, 2011. The contract award is \$900,000 per year.
 - DHCS filled the three staff positions for the CaMEND Program, effective July 1, 2008: Pharmacy Consultant II Specialist, Research Specialist II, and Health Program Specialist II.
 - DHCS signed a research contract with University of California LA for CaMEND, and collaborated with the University of California Berkeley for research activities for CaMEND.
 - DHCS continues to work with contractor on the delivery of the goals and objectives for the CaMEND Program.
- b. Identify 2 or 3 activities or accomplishments that are considered highlights and help further the intent of the MHSA (e.g., achieving system change)

Activities:

- DHCS collaborated with DMH and other state agencies that treat Medi-Cal beneficiaries with severe mental illness (SMI) or severe emotional disturbance (SED) in order to improve health outcomes, while managing costs, for this population.
- In process of developing integration pilot programs to promote the integration of publicly funded public health and primary care medical and specialty mental health services to serve persons with SMI, SED, and co-occurring medical disorders.

- Continued support in development and clinical application of the Client Informed Outcome Measurement (CIOM) project in collaboration with LA County Dept of MH, and MH America-LA. The CIOM is an assessment tool and reporting methodology to facilitate selection of outcomes-oriented services and enhance consumer's wellness and recovery. Consumers will complete a brief questionnaire at the beginning of each treatment session.
 - Developing a decision aid to help support consumers in making decisions about the use of anti-psychotic medications as a part of their overall recovery plan and support individuals in their personal recovery journey.
- c. Identify activities being coordinated with the local mental health system
- DHCS is developing pilots with various county mental health plans on strategies to further the CalMEND Collaborative Performance Improvement Projects (PIP), a quality improvement initiative that brings together DHCS and county mental health organizations with the goal to improve the efficiency and efficacy of medication use, as well as promoting the recovery and wellness of individuals throughout California. By providing participating counties with utilization data specific to antipsychotic medications, the mental health plans will be able to identify opportunities to improve medication management, promote patient safety, and improve monitoring for metabolic disorders.