

## Resource Materials for Children and Youth in Stressed Families

### Description of Priority Population

This PEI priority population focuses on children and youth in families where parental conditions place their children at high risk of behavioral and emotional problems. Examples include parents and other family members who are identified with mental illness or serious health conditions, substance abuse, domestic violence, incarceration, child neglect or abuse. All PEI priority populations place an emphasis on historically unserved or underserved ethnic or cultural populations.

The Centers for Disease Control refer to childhood abuse, neglect, and exposure to other traumatic stressors as *adverse childhood experiences* (ACE). The short and long-term outcomes of these adverse experiences in childhood include a variety of health and social problems. The study also shows a correlation between the numbers of adverse childhood experiences and an increase in alcoholism and alcohol abuse, depression, risk for intimate partner violence, multiple sex partners, sexually transmitted diseases and suicide attempts.

Children and youth in foster care and young adults transitioning out of foster care are a potential target group for this strategy. As of February 2007 there were 83,425 children in California's foster care system. Many experience high rates of trauma as a result of separation from parents and family members, abuse and neglect, removal from their homes, multiple foster placements, lack of permanent homes, and other factors that place them at high risk of emotional and behavioral problems.

Homeless children and youth are another target population for this strategy, as they face a multitude of stressors. Based on average family size, the California Department of Housing and Community Development estimates that approximately 80,000 to 95,000 children and youth are homeless in California. These numbers do not include the estimated 40,000 children and youth who are runaways, have left the foster care system, or have been abandoned or orphaned and have not entered the social welfare system. The following information demonstrates the increased risk for adverse childhood experiences that homeless children and youth face:

- 43% of homeless children are molested; 66% are violently abused
- When in school, homeless kids are twice as likely to repeat a grade or be suspended
- Over 20% of homeless children do not attend school at all
- Homeless children go hungry twice as often as other children
- Homeless children are reported in fair or poor health twice as often as housed children

The primary target age group is children and youth. In acknowledgment that a child/youth's behavioral health is related to the family's condition, family members (TAY, adults, and older adult guardian/caregivers) may also receive selected services (e.g.,

constructive parenting education, referral to health, mental health, social services and basic needs providers).

Many of the potential target populations for this PEI priority population seek primary care services at community clinics and health centers (CCHCs). CCHCs provide culturally competent care to individuals and families who are uninsured, underinsured, or receive subsidized insurance such as Medi-Cal, Healthy Families, Healthy Kids, and Access for Infants and Mothers (AIM) Program. Primary Care Integration allows behavioral health (BH) specialists to be a part of a primary care provider's team and provide screening and intervention services to individuals who have mental health issues. The BH specialist can consult with the Primary Care Provider (PCP) and intervene as needed, receiving a warm hand-off from the PCP; initiate early interventions or refer to specialty mental health services, along with care management services until the individual is fully engaged.

PEI Stakeholders identified the following characteristics of the preferred settings to address children and youth in stressed families:

1. **Neighborhood/community organization.** Staff sees and interacts with families on a regular basis through both a formal relationship and informal contact.
2. **In-Culture services.** Staff and volunteers who are culturally competent to address the diverse needs of participating families, and equal opportunities for participation of service providers, both staff and volunteers, who share the cultural background and language of the participating families.
3. **Multipurpose function.** The organization's mission is not primarily mental health. The organization serves multiple interests and needs of neighborhood/community families.
4. **Long-term association.** The organization has a long standing and continuous presence in the neighborhood/community and is trusted and well-respected among families.
5. **Family-driven and Family-oriented.** Families participate in designing, implementing and evaluating programs and activities. The organization provides programs and supports that engage children, youth and adults and builds family relationships. It is not a drop-in center.
6. **Familiarity.** Families participating in the organization have an identity and relationship with the staff and volunteers.
7. **Formal Collaborative Partnerships.** The organization has formal partnerships with community agencies and organizations to provide other services and supports as needed (such as basic needs, substance abuse treatment, employment assistance) for participating families.

8. **Record for Success.** The organization can document improved conditions and goal achievement for children, youth and families resulting from its programs.
9. **Fiscal Responsibility.** The organization evidences capacity for fiscal accountability for public funds.

### Suggested Strategies

Prevention strategies and early intervention approaches listed in the Resource Materials largely mirror those targeting the other PEI priority populations to do the following:

- Increase awareness of mental health stressors and protective factors
- Teach families, caregivers and educators skills to address behavior problems
- Screen for mental health and learning problems
- Develop suicide awareness and prevention approaches
- Work with families and educators to create positive school and community environments
- Develop school-wide and community-wide approaches to prevent bullying and aggression
- Foster tolerance and understanding of diversity
- Identify problems early and intervene quickly
- Refer/link family members to needed services in support of their children and youth

### Potential Funding and Resource Partners

Potential funding and resource partners for this strategy include the following groups:

- Ethnic/cultural organizations
- Family resource centers
- Family organizations
- Schools (preK-12)
- First 5, Head Start and early childhood centers
- Faith-based organizations
- Probation/law enforcement
- Primary care
- Social services
- Employment Development Agencies
- Private foundations
- Businesses
- Parks and recreation
- Mentor programs

**Resource Materials for Children and Youth in Stressed Families**

EXAMPLES OF STRATEGIES:

1. Prevention of Mental Health Problems			
<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Across Ages	A mentoring initiative targeting youth 9 to 13 years of age. The goal is to enhance the resiliency of children in order to promote positive development and prevent them from engaging in high-risk behaviors such as substance use, early sexual activity, or violence.	School	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.modelprograms.samhsa.gov/pdfs/model/AcrossAges.pdf">http://www.modelprograms.samhsa.gov/pdfs/model/AcrossAges.pdf</a>			
All Stars	School or community-based program designed to delay the onset of and prevent high-risk behaviors in middle school aged children through the development of positive personal characteristics in young adolescents.	Schools, Receiving Homes, Foster Placements, Juvenile Hall	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.modelprograms.samhsa.gov/pdfs/model/AllStars.pdf">http://www.modelprograms.samhsa.gov/pdfs/model/AllStars.pdf</a>			
Broader Urban Involvement and Leadership Development Program (BUILD)	Incorporates popular gang prevention to curb gang violence. Founded on the principle that youths join gangs because they lack other, more constructive opportunities and outlets, BUILD tries to “reach out to young people and provide alternatives to violence.”	Community, Schools, Police, Probation	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.dsgonline.com/mpg2.5//TitleV_MPG_Table_Ind_Rec.asp?id=662">http://www.dsgonline.com/mpg2.5//TitleV_MPG_Table_Ind_Rec.asp?id=662</a>			
Caring School Community Program	Focuses on strengthening students’ connectedness to school in order to promote academic motivation and achievement, foster character formation, and to reduce drug abuse, violence, and mental health problems.	Elementary	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.devstu.org/csc/videos/index.shtml">http://www.devstu.org/csc/videos/index.shtml</a>			

**Resource Materials for Children and Youth in Stressed Families**

**1. Prevention of Mental Health Problems**

<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Effective Black Parenting	Effective Black Parenting was originally developed for parents of African American children aged 2 to 12. However, the program has been successfully used with teenage African American parents and their babies, and with African American parents of adolescent children. Thus, its widespread usage has been with parents whose children range from 0 to 18.	Head Start agencies, churches, mental health clinics, substance abuse agencies, hospitals, counseling centers and schools	
Website: <a href="http://www.ciccparenting.org/EffBlackParentingDesc.aspx#2">http://www.ciccparenting.org/EffBlackParentingDesc.aspx#2</a>			
Indian Family Wellness Project	Family-centered prevention intervention for preschool-aged children. The development, implementation, and evaluation of this program has been based upon a tribal participatory research model, an approach that emphasizes full participation of tribes and tribal members in all phases of the research process and incorporates cultural and historical factors vital to strengthening American Indian and Alaska Native families.	Community-based, Native American Health Centers	<input checked="" type="checkbox"/> C/Y <input type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.springerlink.com/content/t5303n51730hx812/">http://www.springerlink.com/content/t5303n51730hx812/</a>			
Integrated Primary Care and Mental Health Services	Multidisciplinary team with behavioral health specialists embedded in services: <ul style="list-style-type: none"> <li>• Promotion of optimal mental health for everyone;</li> <li>• Universal voluntary screening of all individuals or if indicated;</li> <li>• Early intervention, if appropriate (support groups, classes, etc.);</li> <li>• Behavioral health assessment and referral, if necessary</li> <li>• Brief psychotherapy, counseling less than one year</li> </ul>	Community clinics and health centers (CCHCs) Federally Qualified Health Centers (FQHCs) Native American Health Centers, Rural Health Centers	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www.astho.org/pubs/MentalHealthIntegration.pdf">http://www.astho.org/pubs/MentalHealthIntegration.pdf</a>			
Leadership and Resiliency Program (LRP)	A program for high school students, 14 to 19 years of age, that enhances youths' internal strengths and resiliency while preventing involvement in substance use and violence.	Community-based, High School	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.modelprograms.samhsa.gov/pdfs/model/leadership.pdf">http://www.modelprograms.samhsa.gov/pdfs/model/leadership.pdf</a>			

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<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Los Niños Bien Educados	Parents learn how to praise effectively, to confront, to use family conversations, and to employ "time out" procedures. The program is widely used in schools, mental health and social service agencies, churches, and hospitals. It addresses school dropout prevention and drug and child abuse.	Schools, Community	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.ciccparenting.org/LosNinosBienEdDesc.aspx">http://www.ciccparenting.org/LosNinosBienEdDesc.aspx</a>			
Supporting Adolescents with Guidance and Employment (SAGE)	Supporting Adolescents with Guidance and Employment (SAGE) is a violence-prevention program developed specifically for African-American adolescents. The program consists of three main components, namely a Rites of Passages (ROP) program, a summer jobs training and placement (JTP) program, and an entrepreneurial experience that uses the Junior Achievement (JA) model.	Community organizations, Family resource centers, Employment development centers	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.dsgonline.com/mpg2.5//TitleV_MPG_Table_Ind_Rec.asp?id=601">http://www.dsgonline.com/mpg2.5//TitleV_MPG_Table_Ind_Rec.asp?id=601</a>			
Focus on Families	Objectives are to increase family management skills, anger management skills, refusal and problem solving skills, ability to teach these skills to their children, and the ability to assist their children with academic success. The program is intended to increase protective factors and ultimately result in decreased participation in drug use and delinquent behavior.	Clinics/health centers, Community organizations	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.strengtheningfamilies.org/html/programs_1999/20_FOF.html">http://www.strengtheningfamilies.org/html/programs_1999/20_FOF.html</a>			

**Resource Materials for Children and Youth in Stressed Families**

**2. Early Intervention for Mental Health Problems and Concerns**

<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Adolescent Transitions Program (ATP)	Multilevel, family-centered intervention targeting children who are at risk for problem behavior or substance use. Designed to address the family dynamics of adolescent problem behavior, it is delivered in the middle school setting to parents and their children.	Schools	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.strengtheningfamilies.org/html/programs_1999/08_ATP.html">http://www.strengtheningfamilies.org/html/programs_1999/08_ATP.html</a>			
Counselor Care (C-Care) and Coping and Support Training (CAST)	Intervention for students at risk for suicide. It combines one-on-one counseling with a series of small-group training sessions.	Schools, Higher Education, County Offices of Education, County Mental Health	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.sprc.org/featured_resources/bpr/ebpp_PDF/ccare_cast.pdf">http://www.sprc.org/featured_resources/bpr/ebpp_PDF/ccare_cast.pdf</a>			
Family-to-Family	Differential Response is an early intervention and response system that targets families that have been referred to CPS but do not receive direct services because the children are not directly at risk of harm. Family to Family encourages neighborhood-based foster care and views foster parents as partners in the family reunification process. Purpose is to respond to reports of abuse and neglect. Hotline, screening, comprehensive assessment. (Place behavioral health specialist on staff to screen and provide PEI services)	Child Welfare – referrals from teachers, and other mandated reporters; Community Engagement Specialist	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.aecf.org/MajorInitiatives/Family%20to%20Family.aspx">http://www.aecf.org/MajorInitiatives/Family%20to%20Family.aspx</a>			
Head Start/Early Start	Head Start and Early Head Start are comprehensive child development programs that serve children from birth to age 5, pregnant women, and their families. They are child-focused programs and have the overall goal of increasing the school readiness of young children in low-income families.	Schools, Community organizations, Family resource centers	<input type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www2.acf.hhs.gov/programs/hsb/index.htm">http://www2.acf.hhs.gov/programs/hsb/index.htm</a> or <a href="http://nccic.org/poptopics/ecmhealth.html">http://nccic.org/poptopics/ecmhealth.html</a>			

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<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Nurse-Family Partnership (David Olds Model)	Behavioral health screening by RN, family education, early intervention, referral, and treatment based on child and family needs.	Homes of 1 <sup>st</sup> Time Parents	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.nursefamilypartnership.org/index.cfm?fuseaction=home">http://www.nursefamilypartnership.org/index.cfm?fuseaction=home</a>			
Parent/Child Interactive Therapy (PCIT)	PCIT is an empirically-supported treatment for conduct-disordered young children that places emphasis on improving the quality of the parent-child relationship and changing parent-child interaction patterns.	Clinic, Community, Home, School	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.pcit.tv/">http://www.pcit.tv/</a>			
Parenting Wisely	A self-administered, interactive, multimedia program that reduces family conflict and child behavior problems by improving parenting skills and enhancing family communication and mutual support, supervision, and discipline. Targets parents with children ages 9 to 18.	Community Home Juvenile court Child welfare	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://modelprograms.samhsa.gov/pdfs/model/ParentWise.pdf">http://modelprograms.samhsa.gov/pdfs/model/ParentWise.pdf</a>			
Partners in Parenting Program (PIP)	The Partners in Parenting Program provides home-based psychotherapy and parenting skills training to parents or other adults who suffer from a mental illness and who are raising children. This includes mothers and fathers, as well as grandparents and others who have responsibility for bringing up children and adolescents. PIP also provides mental health treatment services to children and adolescents.	Home-based	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://mhawestchester.org/mhatreatment/pip.asp">http://mhawestchester.org/mhatreatment/pip.asp</a>			
Primary Intervention Program (PIP) & Enhanced PIP	PIP is a school-based prevention and early intervention program for grades K-3 aimed at enhancing the social and emotional development of young children and preventing the development of serious mental health problems.	Early Childhood/Preschool	<input checked="" type="checkbox"/> C/Y <input type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.timeforkids.net/intervention.html">http://www.timeforkids.net/intervention.html</a>			

**Resource Materials for Children and Youth in Stressed Families**

**2. Early Intervention for Mental Health Problems and Concerns**

<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Strengthening Families Program (SFP)	SFP is an evidence-based family skills training program found to significantly reduce problem behaviors, delinquency, and alcohol and drug abuse in children and to improve social competencies and school performance.	School, Middle School	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www.strengtheningfamiliesprogram.org/index.html">http://www.strengtheningfamiliesprogram.org/index.html</a>			
Strengthening the Bonds of Chicano Youth and Families	Strengthening the Bonds of Chicano Youth and Families is a comprehensive, multi-level community-based and culturally appropriate program designed to meet the prevention needs of rural Chicano youth demonstrating high-risk characteristics of substance abuse. The program is rooted in a family-oriented approach that is based on Mexican American culture, values, and principles.	Community organizations, Family resource centers,	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.modelprograms.samhsa.gov/pdfs/promising/strengthening-the-bonds-of-chicano-youth-&amp;-families.pdf">http://www.modelprograms.samhsa.gov/pdfs/promising/strengthening-the-bonds-of-chicano-youth-&amp;-families.pdf</a>			
Students Targeted With Opportunities for Prevention (STOP)	A program that targets youth aged 10 to 14 years who are not on probation, but who need services according to criteria of main risk factors for delinquency like gang affiliation, substance abuse problems, school issues, and family violence. This is done in a Wraparound approach, typically with multiple fund sources.	School, Community organizations, Receiving, Homes, Foster Placements, Juvenile Hall	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.preventviolence.org/events/materials/fresno_stop.pdf">http://www.preventviolence.org/events/materials/fresno_stop.pdf</a>			
Trauma-Focused Cognitive Behavioral Therapy (TFCBT)	A SAMHSA model program designed to help children, youth, and their parents overcome the negative effects of traumatic life events.	Clinics/health centers, Schools, Community-based Organizations, In-home settings	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.modelprograms.samhsa.gov/pdfs/model/TFCBT.pdf">http://www.modelprograms.samhsa.gov/pdfs/model/TFCBT.pdf</a>			

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**2. Early Intervention for Mental Health Problems and Concerns**

EXAMPLES OF STRATEGIES	DESCRIPTION	SETTINGS	AGE GROUP
Ages & Stages Questionnaires (ASQ) and ASQ – Social Emotional (ASQ-SE)	Voluntary screening for emotional and behavioral problems of young children ages birth to 5 years in stressed families.	Community clinics and health centers (CCHCs) Federally Qualified Health Centers (FQHCs) Native American Health Centers, Rural Health Centers	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.brookespublishing.com/store/books/bricker-asq/">http://www.brookespublishing.com/store/books/bricker-asq/</a>			
Screening	Identification, voluntary screening, early intervention and/or referral for MH assessment of children and youth whose older siblings are involved in the justice system.	School, Police, Probation	<input checked="" type="checkbox"/> C/Y <input type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: None			
Screening	Voluntary screening and if indicated, early intervention and/or referral of young children and youth removed from their homes.	Receiving Homes, Foster Placements, Juvenile Hall	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: None			
PTSD Checklist, Short Screening Scale for PTSD and Sprint	Voluntary screening and assessment for trauma and violence exposure and for PTSD: <ul style="list-style-type: none"> <li>• Screen and identify individuals</li> <li>• Early intervention, if appropriate (support groups, classes, etc.)</li> <li>• Behavioral health assessment and referral, if necessary</li> </ul>	Community clinics and health centers (CCHCs) Federally Qualified Health Centers (FQHCs) Native American Health Centers, Rural Health Centers	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Websites:			
PTSD Checklist: <a href="http://dev.www.uregina.ca/traumatic/images/stories/SelfAssessmentQuestionnaire/ptsdchecklistcivilianversionga-1.pdf">http://dev.www.uregina.ca/traumatic/images/stories/SelfAssessmentQuestionnaire/ptsdchecklistcivilianversionga-1.pdf</a>			
Short Screening Scale for PTSD: <a href="http://www.ncptsd.va.gov/ncmain/ncdocs/assmnts/short_screening_scale_for_ptsd.html">http://www.ncptsd.va.gov/ncmain/ncdocs/assmnts/short_screening_scale_for_ptsd.html</a>			
Sprint: <a href="http://www.mentalhealthscreening.org/events/ndsd/conduct_materials.aspx#sprint">http://www.mentalhealthscreening.org/events/ndsd/conduct_materials.aspx#sprint</a>			

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**2. Early Intervention for Mental Health Problems and Concerns**

<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
National Mental Health Awareness Campaign	A group of transitional age youth who have experienced mental illness and who present at high school assemblies around the country.	Schools High School	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.nostigma.org/">http://www.nostigma.org/</a>			

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**3. Linkage and Support in Navigating Service Systems and Other Providers as Needed**

<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Healthy Start	The goal of Healthy Start is to improve the lives of children, youth, and families. Local initiatives strive for measurable improvements in such areas as school readiness, educational success, physical health, emotional support, and family strength. [MHSA could contribute training and technical assistance, and behavioral health staff]	Schools, Community	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.cde.ca.gov/ls/pf/hs/facts.asp">http://www.cde.ca.gov/ls/pf/hs/facts.asp</a>			

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4. System structure and enhancements to improve, coordinate and sustain mental health programs and interventions			
<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Asset Based Community Development	Community engagement process that consists of helping communities become stronger and more self-reliant by discovering, mapping and mobilizing all their local assets.	Community-based	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www.abcdtraininggroup.org/">http://www.abcdtraininggroup.org/</a>			
Neighborhood Alternative Centers	Provides mandated intake for youth, ages 8-17 (WIC 626.5) who are exhibiting pre-delinquent conduct. Provides brief assessment, crisis intervention and referral. (Behavioral health specialist on staff to link children and youth to programs for screening, early intervention, and referral for assessment and treatment if necessary.)	Community-based	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: None			

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<b>5. General Resources</b>			
<i>EXAMPLES OF STRATEGIES</i>	<i>DESCRIPTION</i>	<i>SETTINGS</i>	<i>AGE GROUP</i>
Family Resource Center (FRC) Associations	FRCs advocate for the programs, policies and resources that help families and communities thrive and succeed. FRCs also focus on building the capacity of their member organizations and linking them to one another.	Community-based	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www.californiafamilyresource.org/about/index.html">http://www.californiafamilyresource.org/about/index.html</a>			
One-Stop Career Centers	California's One-Stop Career Center System is a statewide network of conveniently located centers that provide employment, education, and training services all in one place.	Community-based	<input type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input checked="" type="checkbox"/> Older Adults
Website: <a href="http://www.edd.ca.gov/ONE-STOP/default.htm">http://www.edd.ca.gov/ONE-STOP/default.htm</a>			
Strategies (CA Dept. of Social Services)	Strategies provide training and technical assistance to family resource centers (FRCs) and family support programs (FSPs) throughout California.	Family resource centers, Community organizations, Health centers	<input checked="" type="checkbox"/> C/Y <input checked="" type="checkbox"/> TAY <input checked="" type="checkbox"/> Adults <input type="checkbox"/> Older Adults
Website: <a href="http://www.familyresourcecenters.net/">http://www.familyresourcecenters.net/</a>			