



Emily Q Settlement Exit Strategy

On April 23, 2009, the Court approved the [Emily Q Settlement Exit Strategy Plan](#), also known as the Exit Plan. The exit criteria is based on **Point Nine** of the [Emily Q Therapeutic Behavioral Services \(TBS\) Nine-Point Plan](#).

The steps outlined in the Exit Plan meet the Emily Q Settlement Team's criteria that the plan must be: do-able; not let the perfect be the enemy of the good; be within the law and Court Order; increase utilization; decrease disproportionality between MHPs; show evidence of improvement, both quantitative and qualitative; be aligned with parties' interests; demonstrate simplicity; be sustainable; and result in faster service access.

The [Exit Plan](#) proposes a date for Court Termination of Jurisdiction of December 31, 2010. The California Department of Mental Health (CDMH), Mental Health Plans (MHP) and the Emily Q Special Master will be responsible for the implementation of Points 1-8 in three phases:

- Phase One: January 2009 through December 2010
- Phase Two: January 2011 through December 2011
- Phase Three: January 2012 and beyond

The [Exit Plan](#) provides specific measures that guide the role and responsibility of the CDMH, MHPs and the Special Master during each of the three phases. In brief they are:

- Implement Points 1-8 of the [Emily Q Nine-Point Plan](#)
- Implement [TBS Information Notices](#)
- Implement [Statewide TBS Data Dashboard](#) for MHPs
- Prepare for [Local Conversations](#) & refer to [Local Meetings Facilitation Guide](#)
- Document responses to the [Four Key Accountability Questions](#)
- Sustain [ASIS](#) and [TACT](#) Task Groups
- [Produce Annual Assessment of MHP TBS Performance](#) (October 2009 & 2010)
- Establish and strive to meet Benchmark for TBS Utilization
- Implement Quality TBS Satisfactory to Special Master
- MHP Demonstration to Employ Procedure Codes, Cost Reports and Data
- Demonstrate Commitment to Outreach, Training and Engagement of Family
- Special Master Certification of MHPs that Meet Benchmark
- Small County Strategy
- Performance Requirements
- Corrective Measures and Remedies, if necessary

Oversight of the approved [Exit Plan](#) will be provided by:

- [The Emily Q Settlement Team](#)
- [Accountability Structure Implementation Strategy \(ASIS\) Task Group](#)
- [Technical Assistance, Communications and Training \(TACT\) Task Group](#)



For more detailed information regarding The Emily Q Settlement, please visit the California Department of Mental Health TBS Website at

[http://www.dmh.ca.gov/Services and Programs/Children and Youth/EPSTDT.asp](http://www.dmh.ca.gov/Services_and_Programs/Children_and_Youth/EPSTDT.asp)

Contact the CDMH Ombudsman Office: 800-896-4042 (California Only) or 916-654-3890

S E N D Q U E S T I O N S T O : TBS@DMH.CA.GOV



P A S S F O R G O O D P E R F O R M A N C E
L E V E L I I C O U N T I E S

As of January 1, 2009, the following five Level II MHPs are only required to meet Level I requirements because they have demonstrated high performance in TBS delivery.

Contra Costa	San Luis Obispo	Santa Barbara	Santa Clara	Ventura
--------------	-----------------	---------------	-------------	---------

WHAT DO I NEED TO KNOW

CDMH and MHPs are responsible for implementation of the Nine-Point Plan per the Court Approved Exit Strategy and Info Notice 08-38.

L E V E L I	C O U N T I E S
--------------------	------------------------

MEDIUM & LARGE

The following 12 medium and large MHPs will be responsible to complete the Level I requirements at this time.

SMALL & RURAL

The following 30 small and rural MHPs are assigned to Level I and will complete Level I requirements.

Fresno	Placer/Sierra	San Mateo	Alpine	Glenn	Lassen	Napa	Siskiyou
Marin	Riverside	Santa Cruz	Amador	Humboldt	Madera	Nevada	Sutter/Yuba
Merced	Sacramento	Solano	Calaveras	Imperial	Mariposa	Plumas	Tehama
Orange	San Francisco	Stanislaus	Colusa	Inyo	Mendocino	San Benito	Trinity
			Del Norte	Kings	Modoc	Shasta	Tuolumne
			El Dorado	Lake	Mono		Yolo

WHAT DO I NEED TO KNOW

The Level I County Mental Health Director or designee with appropriate authority will follow the requirements outlined below:

Respond to the four Accountability questions:

1. Are the children and youth in the county who are Emily Q class members and who would benefit from TBS, getting TBS?
2. Are the children and youth who get TBS experiencing the intended benefits?
3. What alternatives to TBS are being provided in the county?
4. What can be done to improve the use of TBS and/or alternative behavioral support services in the county?



Convene Two Meetings:

1. **1st meeting:** Publish notice of a general forum open to the public. The following stakeholders will be directly invited: Public agency staff and volunteers providing MH or related services, Contract mental health agency staff and volunteers, including all TBS providers; Education providers; Parents and youth; Group home providers and foster parents; Officers of the Court involved in juvenile matters; Attorneys practicing in delinquency and dependency court; Members of faith-based community; and other community organizations.
2. **2nd meeting:** Notice the following stakeholders with appropriate authority or designees/representatives: Child Welfare Services Director, Chief Probation Officer or Deputy Chief of Juvenile Probation, Presiding Judge of the Juvenile Court, County Office of Education, Special Education Director; Parent/child advocate representatives; Local TBS Provider representatives.

County Mental Health Director will complete a [TBS Annual Review meeting summary report](#), developed by CDMH, of no more than three pages. The meeting summary report will include the following:

1. Names of the participants who attended the meetings.
2. A brief summary of answers to the four questions.
3. A description of steps that the county intends to take in "good faith" to ensure the best possible access to and use of TBS by members of the Emily Q class.

L E V E L I I C O U N T I E S

The following ten medium and large MHPs have been selected to engage in an intensive practice improvement process. The following MHPs listed in the order of implementation, are subject to the Level II requirements outlined in the [2008 Information Notice 08-TB-001, 08-38](#), and the [Emily Q Nine-Point Plan - Part Three and Appendix C](#).

Los Angeles San Diego	San Joaquin Sonoma	Butte Alameda	San Bernardino Kern	Monterey Tulare
--------------------------	-----------------------	------------------	------------------------	--------------------

WHAT DO I NEED TO KNOW

Requirements for Level II Practice Improvement MHPs are as follows:

1. In addition to Level I Accountability Structure requirements listed above in the yellow and grey section, explore the quantitative and qualitative data more deeply to develop strategies to increase and improve TBS to Emily Q class members in MHP.
2. Work with CIMH/APS to develop and implement TBS plans to improve access and services to *Emily Q* class members.
3. Access additional ongoing Technical Assistance to support TBS expansion and Quality Improvement through DMH.
4. Meet the goal of resolving underlying agency and system barriers that prevent eligible children/youth from receiving TBS services to which they are entitled.