

Alameda County Behavioral Health Care Services EPSDT PIP-TAG Call July 27, 2009

Reducing Costs through Mid Level
Care Interventions for AB3632 Youth



Alameda Behavioral Health Care Services PIP TAG Presenters

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Alameda County School Districts

- 18 School Districts
- 387 Schools
- 213,497 Enrolled Students 2007-08
(Ed-Data)



AB3632 Levels of Care

- Outpatient
- Counseling Enriched Special Day Class (CESDC)
- School Based Day Treatment (Rehabilitative)
- Non-Public School Day Treatment (Intensive)
- Residential Treatment

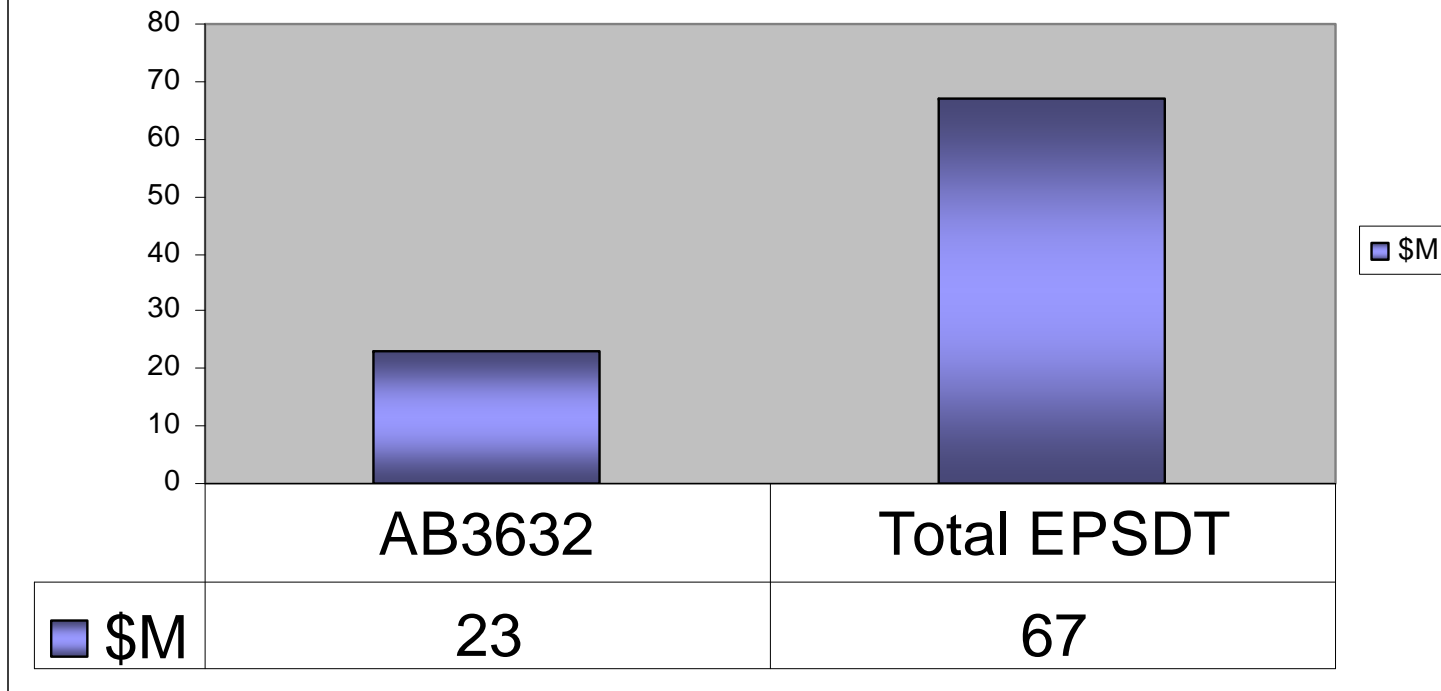
Validate the Problem

Problem Definition

- High-cost EPSDT youth who also received AB3632 services represented only 11.7% of all the EPSDT clients, but their service cost accounted for 33.7% of the total annual EPSDT expenditure in FY 08-09.

- No. of EPSDT AB3632 youth = 905
- Total no. of EPSDT clients = 7,757

EPSDT Expenditure 08-09

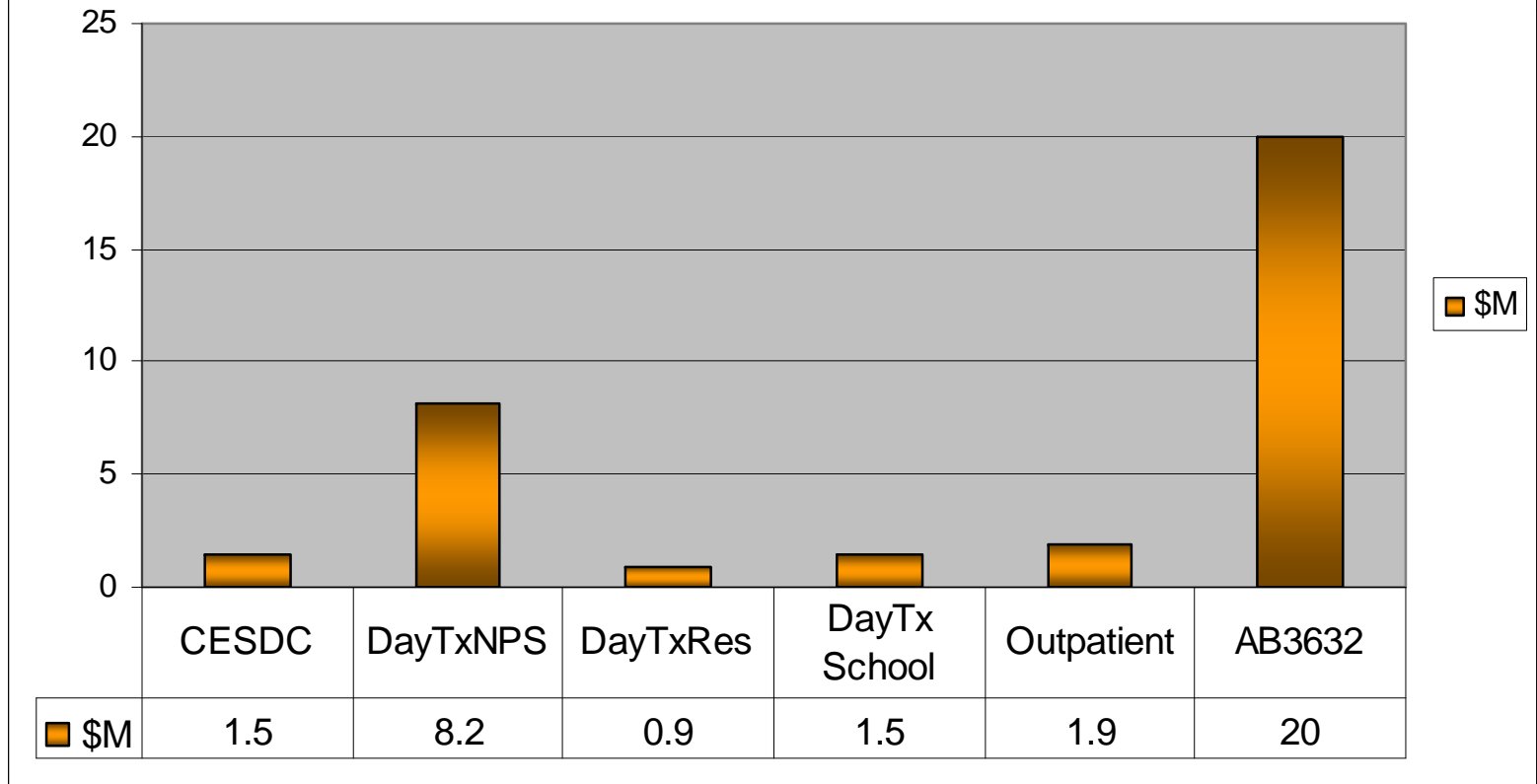


n = 905

n = 7,757

* "High cost" and "low cost" youth combined

AB3632 "High Cost" Expenditure 08-09



n=60

n=204

n=26

n=52

n=65

N=536

*Unclassified (no main type) services = 6M

Youth Receiving AB3632 Services in 2008-09

- High Cost Kids > \$3K/month = 536
Generally NPS-Intensive DT & Day
Treatment Residential
- Low Cost Kids < \$3K/month = 369
Generally Outpatient, Counseling
Enriched Special Day Class, School
Based Day Rehab Day Treatment

Districts with a full array of Mid-Level AB3632 Services

- 2 Districts out of 18
 - Alameda USD
 - Oakland USD

Challenges

The lack of mid levels of care in school districts prevents youth, who are ready to step down from the more intensive day treatment but who are not ready to be transitioned to outpatient services, from receiving less intensive services.

Data reviewed:

- Youth receiving different levels of services in each school district
- Cost associated with each level of service



Target Population

- Youth referred to Non Public School Day Treatment from Districts with no Mid Level of Care

Study Question

- Will providing a mid level of care alternative to non public school day treatment, reduce the county EPSDT costs **by at least 5%** per client?



Proposed Intervention

- Develop school based Mental Health Mid Level of Care programs in non full continuum of care districts
- Next steps
 - Hire a Project Coordinator to identify key school districts
 - Develop a plan with targeted districts
 - Define CESDC components/standards
 - Issue an RFP to select CBO's to provide the service

Questions

- Alameda BHCS PIP TAG Participants

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