

# BEST PRACTICE CATALOG

Project Title: **SPANISH SPEAKING PROGRAM "LA FAMILIA"**

Function Category:  PATIENT-FOCUSED    ORGANIZATION    STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Cultural Competence**

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Hospital: **Metropolitan State Hospital**

**Purpose:**    **The Spanish Speaking Program at Metropolitan State Hospital was developed to provide treatment for patients whose primary language is Spanish and/or whose primary culture identification is with a Spanish speaking country. The patient population represents various nationalities including those from Mexico, Central and South America, and the United States.**

**Brief Description:**    **The goal of this culturally therapeutic environment is to lessen the shock of hospitalization, reduce the patient's symptoms and prepare the patient for re-entry into the community. The program is based upon the premise that this culturally therapeutic environment will help reduce the feelings of fear and isolation through communication, acceptance and inclusion in a familiar therapeutic milieu.**

**Selection Basis/Criteria:**    **LPS Hispanic patients over the age of 18 who have chronic psychiatric impairment and moderate to severely impaired adaptive functioning.**

**The following items are available regarding this Best Practice:**

Photographs     Video Tape     Drawings     Manual

Other : \_\_\_\_\_

**DATE SUBMITTED: October 13, 1998**