

BEST PRACTICE CATALOG

Project Title: **BEYOND THE LEVEL SYSTEM GROUP**

Function Category: PATIENT-FOCUSED ORGANIZATION STRUCTURES

Subcategory: **Care of Patients**

Heading: **Programming**

Key Word(s): **Discharge Readiness**

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Hospital: **Patton State Hospital**

Purpose: Group work with a goal of strengthening interpersonal relationship skills toward effective discharge readiness over time.

Brief Description: The name sets the tone that the group focus is to use to look beyond the past and present toward a visualized future, be it 1) Community Outpatient Treatment (COT) or less restrictive setting for the first time; or 2) return to COT. Beyond the Level System Group is divided into 2 separate sessions: 1) Tuesday groups meet to explore factors of effective relapse prevention awareness for those who have never been on COT; 2) Friday group meets to explore factors of effective relapse prevention awareness for those who have previously experienced COT, revocation and/or re-hospitalization.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

Photographs Video Tape Drawings Manual

Other : _____

DATE SUBMITTED: **October 19, 1998**