

BEST PRACTICE CATALOG

Project Title: ALCOHOL AND DRUG EDUCATION PROGRAM (ADEP)

Function Category: PATIENT-FOCUSED ORGANIZATION STRUCTURES

Subcategory: Education

Heading: Patients

Key Word(s): Dual Diagnosis

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Hospital: Patton State Hospital

Purpose: To educate patients at Patton State Hospital who have a dual diagnosis of a mental disorder and substance abuse as a primary disease. The program is designed not only to help the patient to stop abusing alcohol or chemicals but also to understand and modify patterns of thinking, feeling, behaving and relating to others which underlie the addictive process.

Brief Description: ADEP provides substance abuse treatment for patients with a dual diagnosis. The program is an out-patient day treatment format, which is composed of three distinct conjunctive phases. During the eight-week intensive phase, Phase 1: patients attend groups and activities all day Monday through Friday. Phase 2 consists of eight weeks of mandatory aftercare group activities 3½ days per week. Following commencement from Phase 2, patients may choose to participate in Phase 3 group activities until discharged from Patton State Hospital. Patients participating in this phase may attend one or both afternoons providing their attendance is consistent.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

Photographs Video Tape Drawings Manual

Other :

DATE SUBMITTED: October 19, 1998

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