

BEST PRACTICE CATALOG

Project Title: WELLNESS PROGRAM

Function Category: PATIENT-FOCUSED ORGANIZATION STRUCTURES

Subcategory: Management of Human Resources Heading: Orientating, Training, and Educating Staff

Key Word(s): Wellness

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Hospital: Patton State Hospital

Purpose: Our new Wellness Center is being completed which will include a fully equipped exercise room and designated space for other organized activities to promote employees wellness.

Brief Description: Ongoing activities include volleyball (our three teams placed first in statewide competition), Tae Kwon Do (participating staff have earned trophies in regional competitions), basketball (noon time basketball has been conducted for over 10 years). All activities are led by qualified staff members with no charge. All participants attend on their own time at their own expense. Interested staff organize and conduct their own activities.

Selection Basis/Criteria:

The following items are available regarding this Best Practice:

Photographs Video Tape Drawings Manual

Other : _____

DATE SUBMITTED: October 19, 1998