

# BEST PRACTICE CATALOG

Project Title: **THERAPEUTIC RECREATION INTERNSHIP PROGRAM**

Function Category:  PATIENT-FOCUSED  ORGANIZATION  STRUCTURES

Subcategory: **Management of Human Resources** Heading: **Orienting, Training and Educating Staff**

Key Word(s): **Internship, Recreation Therapy**

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Hospital: **Patton State Hospital**

**Purpose:** Receive training in the knowledge areas of the NCTRC National Job Analysis Study. Be able to assess patients, develop and document individualized plans based on assessment, exchange information and revise a treatment plan with input from patients, relevant others, and team members. Be able to develop specific programs consistent with goals as well as implement programs for groups and individuals. Provide co-treatment and/or cooperative programs with other team members as required. Comply with governmental, professional, agency and accreditation standards and regulations. Participate in organizational committees. Participate in planning and implementation of in-service training.

**Brief Description:** The Patton State Hospital Therapeutic Recreation Internship is designed to meet the standards of the National Council for Therapeutic Recreation Certification (NCTRC), as well as the California Board of Parks and Recreation Certification (CBPRC). For each intern, the affiliation is fifteen weeks in duration (600 hours). The evaluation of progress during the internship is based upon the intern's individual growth and self-awareness, adherence to requirements, therapeutic recreation skills, professionalism, and communication skills. Included within the internship is the opportunity to experience a mock hiring interview.

**Selection Basis/Criteria:**

The following items are available regarding this Best Practice:

Photographs  Video Tape  Drawings  Manual

Other : \_\_\_\_\_

DATE SUBMITTED: **October 19, 1998**