

Napa State Hospital: Grounds Access Information for Judicially Committed / Penal Code and LPS / Civilly Committed Individuals

It is the policy of Napa State Hospital to provide the least restrictive therapeutic environment for PC/Judicially Committed individuals, while maintaining the safety and security of the facility. Napa State Hospital promotes the use of therapeutic on and off grounds passes/home visits and reintegration into community settings for LPS Civilly Committed individuals, consistent with each individual's treatment plan and his/her individual progress toward discharge.

Factors that are considered when an individual is assessed for a grounds pass include:

- Psychiatric stability
- Security risk
- Presence of assaultive or threatening behavior (physical or verbal)
- Ability to follow directions
- Participation in treatment
- Personal hygiene
- Substance abuse problems

GROUND ACCESS LEVELS FOR JUDICIALLY COMMITTED / PENAL CODE INDIVIDUALS (PROGRAMS 1, 2, 3, 5):

To be considered for grounds access, the individual's Treatment Team must conduct an assessment of the individual and forward their recommendations to the Program Director for final review and approval. For individuals inside the Security Treatment Area (STA), full grounds access is within the security treatment area. There are three (3) levels of grounds access for individuals who reside within the STA.

- **Grounds Access Level 1** cards enable individuals some independence with close monitoring by staff.
- **Grounds Access Level 2** cards enable individuals to go to daytime therapeutic activities independently.
- **Grounds Access Level 3** cards provides full grounds access for both therapeutic and leisure activities.

"Quality of Life" approval for a Grounds Access Cards (level 1, 2 or 3) may be appropriate for some individuals who have cognitive or mental health limitations that interfere with their ability to make progress related to discharge criteria. Individuals must not pose a danger to self or to others, must be stable behaviorally and mentally, and must be compliant with staff requests. The individual should be, to the extent possible, actively involved in his/her treatment program. Finally, individuals must be able to follow the policies in place regarding Grounds Access Card use, "out of bounds" areas, etc.

Grounds Access Level 1 may be considered to allow an individual to go to a specific location within the STA. The individual must have at least 30-days of successful utilization of a 1:5 and/or 1:8 staff escorting ratio. Grounds Access Level 1 cards provide individuals with "point-to-point" cards to go to clinic appointments, the Visiting Center and other Central Program Service areas (with the exception of Our Café, Library, Special Events and the chapel). This card

requires staff to closely monitor the individual's movement via contact with the intended destination, both to and from.

Grounds Access Level 2 may be considered after 30 days of successful utilization of a 1:5 and/or 1:8 staff escorting ratio, or Grounds Access Level 1. Grounds Access Level 2 allows an individual to leave the unit unescorted to attend religious services, daytime treatment activities and appointments within Central Program Service areas (with the exception of Our Café, the Library and Special Events).

Grounds Access Level 3 (Full Grounds Card) enables an individual to go to multiple destinations and utilize the card for unstructured leisure as well as treatment activities. The individual is eligible for a Grounds Access level 3 card 60 days from admission to NSH. Exceptions are considered on a case-by-case basis. Eligibility and planning for a Grounds Access level 3 card are part of the individual treatment planning process leading to placement in an unlocked unit and possibly outpatient treatment under CONREP supervision.

GROUND ACCESS FOR LPS / CIVILLY COMMITTED INDIVIDUALS (PROGRAM 4):

To be considered for grounds access, the individual's Treatment Team must conduct an assessment of the individual and forward their recommendations to the Program Director for final review and approval. Individuals committed under a Post Certification for Dangerousness or Murphy Conservatorship require Program Management and Medical Director approval prior to any unescorted on grounds access or off grounds trips or passes.

There are three (3) levels of grounds access for individuals who are civilly committed.

Level 1 – Destination and Time Limited gives an individual a specific destination(s) and time frames for grounds access, e.g., a two-hour access for personal necessities, going to and from a job site, and social activities on hospital grounds.

Level 2 - Time Limited gives an individual a designated time frame for access to Hospital grounds.

Level 3 – Unlimited Access gives an individual unrestricted use of Hospital grounds with the exception of "Out of Bounds" areas.